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**BREAKTHROUGH CELLULITE CURE**  
proven to shrink fat cells!

# Hot new cellulite cure!

**G**ot cellulite? You're certainly not alone! Nine out of 10 of us have at least a patch of that dimpled fat somewhere on our bodies through absolutely no fault of our own. "Nothing you did or didn't do caused it," explains Robert Pitera, M.D., of the Cellulite Endermologie Center in New York. "It's caused by a combination of heredity, female hormones and poor circulation, which cause connective fibers under the skin to lose elasticity and harden."

The result: skin tightens and can no longer expand normally. This squeezes fat cells through the fibers unevenly, causing a "honey-comb" of small lumps and bumps,

says Mitchell Goldman, M.D., medical director of La Jolla Spa in San Diego.

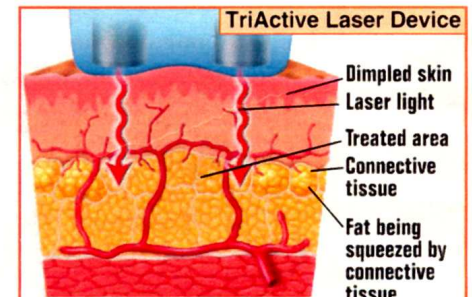
In the past, cellulite was notoriously impossible to get rid of. But not anymore! A brand-new, FDA-approved treatment, TriActive LaserDermology, can melt it away:

**● How does it work?**

The handheld TriActive device attacks cellulite three ways: low-energy laser light penetrates the skin, enhancing blood circulation and softening the connective tissue; deep-tissue massage stimulates blood flow and drainage; and a cooling effect shrinks fat cells and lessens swelling. The device also can be used to tighten facial and neck skin!

**● Is it really effective?**

Clinical researchers report seeing up to a 40% reduction in cellulite after eight treatments. "Additional treatments reduce the cellulite even more," says Dr. Goldman.



TriActive LaserDermology works by softening the hardened bands of connective tissue under the skin that squeeze fat upward to form the dimpling in cellulite.

**● What does it feel like?**

Painless, says Dr. Goldman. "Many patients actually fall asleep during the treatment!"

**● Who are the best candidates?**

Everyone! Doctors recommend six to 12 20-minute treatments over two to three months, followed by one treatment a month for upkeep.

**● How much does it cost?**

From \$75 to \$150 per session.

For a list of participating spas, call 800-451-2222 or visit [www.comb.com](http://www.comb.com).

—Peg Verone

## health tip

**Worried you have bad breath?**  
Take the back of your tongue and brush it with a toothbrush. This helps remove the bacteria that cause bad breath. It's a simple, effective way to keep your breath fresh.

